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Canadian Council of Professional Psychology Programs
Conseil canadien des programmes de psychologie professionnelle

CCPPP NEWSLETTER

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2007-2008 Executive

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President's Message

Sandra L. Clark

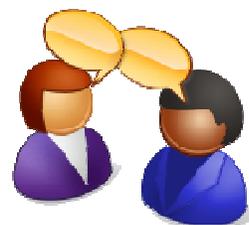
I have had a wonderful, productive, busy year on the CCPPP Executive. I have had the support of enthusiastic, committed colleagues including Dr. Ed Johnson, Dr. Becky Mills, Dr. Andrew Starzowski, Dr. Nancy Link, Dr. Don Saklofske, and Dr. Nicola Wright. The executive has also had the input of a student representative, Robin Moszkowski, something the CCPPP has not had for some time. Having Robin's input and perspective from the students has been a great addition to the CCPPP. I would like to thank everyone for their hard work and support over this past year.

The Executive met for their annual mid-winter meeting on March 1st and 2nd. We miraculously had a weekend reprieve from the continuous snow storms that plagued Central Canada this winter. We were very pleased to review several new applications for membership into CCPPP. Other items addressed at the meeting include our planning for the Joint CCTC meetings in 2010, continued liaison work with a variety of CPA sections and other organizations, and our ongoing advocacy efforts. We have also been reviewing our website both in terms of content and technical needs. The board will be continuing to work on updating and expanding the content of the website. We also spend considerable time addressing student issues, some of which were brought forward by Robin Moszkowski. Several topics included finding ways to reduce the costs for

internship applicants, the supply and demand issues for Canadian internships, as well as student concerns regarding attending non-accredited internships. Additional issues that were discussed at the mid-winter meeting included the need to model healthy, balanced lifestyles for our students, continuing to promote the desirability to have data collected as a minimum prior to internship, and to clarify the confusion that has been brought up around the APPI "program-sanctioned hours" and how to define "direct client hours". These issues will be discussed further at the upcoming AGM.

At the end of this CCPPP year we will be losing one member who will have completed his term on the board, Dr. Ed. Johnson. We will miss Ed very much on the board. Ed has not only provided insights, thoughtful questions and issues around training, and various survey results, he has been such a welcoming and supportive board member, that personally, he has made my transition to the president role very smooth. I'm sure however, that Ed will continue to play a very active role in CCPPP. I look forward to continuing to work with the returning board members, Nicola, Nancy, Becky, Don, and Andrew. We hope to have the President-Elect position filled via nominations at the AGM. Please send nominations to myself at sclark@cw.bc.ca

I look forward to seeing everyone at the CCPPP Preconvention Workshop and AGM in Halifax in June.



Notice of Annual General Meeting

The Annual General Meeting of the CCPPP will be held from 3 to 5pm, Wednesday, June 11, 2008 at the Marriott Harbourfront Hotel, Halifax, Nova Scotia.

This meeting follows the CCPPP Preconvention Workshop (8:30-12:00), lunch, and the afternoon training director's informal discussion / consultation (1:00-2:30pm).

Please submit agenda items to:
Sandra Clark at sclark@cw.bc.ca

2008 CCPPP Pre-convention Workshop Dr. Nicola Wright President-Elect

**Wednesday, June 11, 2008
Halifax, NS**

*If you haven't registered yet, please contact
CPA as soon as possible.*

Interprofessional Education and Collaboration: Smooth Sailing or an Adventure on the High-Seas?

Presenters:

Margaret Crossley, Ph.D.

Maxine Holmqvist

Matthew Burnett

Deborah Lake, Ph.D.

University of Saskatchewan

This workshop will provide an overview of recent interprofessional initiatives engaged in by the faculty and students in one graduate program in clinical psychology. The initiatives aim to increase exposure to interprofessional education (IPE) and to foster competencies in interprofessional collaboration (IPC) and interdisciplinary health research (IDHR). The initiatives include: modifying current graduate course offerings to include theory on interprofessional education; highlighting interprofessional collaboration and practice in the bi-weekly Clinical Seminar series; participating in Problem-Based Learning modules with medicine, nursing, pharmacy, nutrition, and physical therapy; enhancing practicum offerings to include supervised interprofessional experiences and the development of competencies related to interprofessional collaboration; developing partnerships among faculty, graduate students, and professional affiliates to advance IPE through jointly sponsored workshops and symposiums; participating with other health disciplines in local IPE initiatives (e.g., Patient Centered Interprofessional Team Experiences); supporting the Student Wellness Initiative Towards Community Health (SWITCH), an award-winning student-run interprofessional clinic for inner-city residents; and, actively promoting and providing opportunities for interdisciplinary health research (IDHR). This workshop will encourage participants to explore the opportunities and challenges associated with interdisciplinary health research and practice, and will provide a forum to identify some of the core competencies required for effective and rewarding collaboration.



CCPPP Clearinghouse

Dr. Ed Johnson
Past President

The final year of the CCPPP
Clearinghouse...
and the beginning of the Canadian post-
match service

This year I advertised on the CCPPP list-serv that I would be available on Monday Feb. 25 (Match Monday) to assist programs informally by providing information about unfilled internship positions sent to me by internship programs to academic directors with unmatched students. By the end of the week I had heard from 6 academic training directors and from 7 internship directors. A couple of the academic directors let me know they had successfully placed their students through the informal clearinghouse and were most grateful. Ditto for a few of the internships.

One of the academic directors who contacted me mentioned that their program had previously had 2 unmatched students placed through the CCPPP informal clearinghouse and that they greatly valued the service.

Thus, it appears that the CCPPP clearinghouse continues to serve a useful function. The volume of activity this year was perhaps higher than in recent years. It appears that for those who are interested in

using the service there is a great deal of perceived and actual benefit.

At the CCPPP executive mid-winter meeting it was decided to rename the CCPPP clearinghouse to the “Canadian post-match service”. It was generally agreed that the term ‘clearinghouse’ had some unfortunate connotations that evoked undesirable images of ‘discounted’ or ‘undesirable’ applicants or internship slots when the reality is that the individuals and positions who make use of the service are excellent and deserve to be recognized as such.

CCPPP Training Award

Dr. Ed Johnson
Past President

This year may well qualify as a watershed in the history of this award. In the five years I have been on the executive I have never before seen as many excellent nominations submitted as this year. Every single nomination was supported with multiple letters of support from students and colleagues of the nominees, all of which wrote in glowing and very specific terms about their cherished mentors and associates. This landslide of high quality nominations by itself speaks volumes about the tremendous dedication and commitment to training that is routinely exhibited by professional psychologists who work in CCPPP programs. Needless to say, this made the task of selecting our winners exceptionally difficult. It is therefore with much gratitude that I acknowledge the assistance of my fellow selection committee members, Drs. Nancy Link and Andrew Starzomski, and especially our student representative, Ms. Robin Moszkowski.

This increase in nominations builds on a trend that was evident last year and which prompted us to increase the number of awards from one to two. At that time we thought it only fair to distinguish between academics, who have more opportunity to contribute to training through research and classroom teaching, and those practitioners who have more opportunity to contribute to training through clinical supervision. We assumed, naively in retrospect, that our colleagues would, like potted plants, be content to stay put in one category or the other, in pursuing their careers and certainly not migrate from one to the other. We also assumed, again wrongly, that individuals pursuing their careers in an academic setting would be counted as academics. What we discovered is that our colleagues who were nominated for these awards are just as rich and complex as the clients they work with, the students they train, and the world we all live in. No simple categories can possibly contain the richness of the work of these individuals.

In order to appropriately recognize the individuals we felt were most outstanding from this year's bumper crop of nominations we felt two changes were necessary. First, we felt that no less than three awards would be needed to recognize the three most outstanding nominees. Second, we felt that in addition to the academic and practitioner categories we needed to retain a non-specific category to recognize individuals whose contributions to training spanned both academic and non-academic locales.

Without further ado,

CCPPP is very pleased to announce that the CCPPP Award for Excellence in Professional Training is being presented to:

Dr. Jeannette McGlone

Dr. Josephine Tan (Academic)
Dr. Brenda Kenyon (Practitioner)

Congratulations to all three of our Training Award winners!

Please join us at this year's AGM from 3-5pm on Wednesday June 11 at the Marriot Harbourfront Hotel, Halifax to celebrate the contributions of these award recipients.

CPA Convention: Events of Interest to CCPPP Members Dr. Sandra Clark President

In glancing at the program for the CPA Convention in June in Halifax, there are numerous interesting presentations. Here are a few that might be of specific interest to CCPPP members:

Excellence in School Psychology Practica
and Internships
Dr. Judith Wiener & Dr. Nancy Link
Workshop
Thursday 3-5pm

The 5th Revision of the Accreditation
Standards & Procedures for Doctoral
Programmes & Internships in Professional
Psychology
Dr. Karen Cohen
Thursday 1-3pm

Accreditation Conversation Session
Dr. Peter Henderson
Thursday 5-6pm

Addendum to the CCPPP Special Edition 2007 Proceedings from the 2007 Pre-Convention Workshop

**Dr. John W. Pearce
Alberta Children's Hospital**

A Brief History of Professional Psychology Accreditation in Canada: An Addendum

The December 2007 issue of the *CCPPP Newsletter* was a well-deserved tribute to CCPPP's 30th anniversary and, in particular, the tremendous growth in training in Canadian professional psychology and a description of the challenges that may confront us in the future. I was honoured that Sandra Clark asked me to participate in a panel discussion with Dick Steffy and Joyce Ternes at the 2007 CCPPP Pre-Convention Workshop and to submit a summary of my presentation to the *Newsletter*.

One of the most enjoyable aspects of this project was reviewing the literature published when there was vigorous debate about the viability and need for a Canadian accreditation program for training in professional psychology training. I summarized much of this literature but I failed to mention a later book chapter (Doyle, Edwards, & Robinson, 1993) that amplifies some of the themes I described in my earlier article and offers even more support for my contention that we are indebted to colleagues who played such an important role in developing and implementing the CPA's accreditation standards and operational processes over 20 years ago.

My article identified six issues that elicited considerable controversy in response to the accreditation standards: fear of sub-standard training in external settings; concern about accreditation's inclusive focus on clinical psychology; costs to the programs; queries whether the APA standards do not reflect Canada's values and heritage; pessimism about the possibility of attaining national accreditation standards; and whether APA standards respect the diversity of Canadian training in professional psychology.

In addition to these concerns, Doyle et al. (1993) describe others that round out our understanding of the reservations that informed the debate about accreditation. Some respondents were worried that the accreditation criteria under-emphasized research over clinical practice, and that a CPA accreditation system would be hyper-responsive to regional differences, thereby compromising its impartiality and rigour. Others questioned the degree of similarity of the CPA and APA criteria and the need for a separate national accreditation system. Respondents also queried the capacity of doctoral training programs in economically-disadvantaged parts of Canada to mount creditable programs that would attract students.

To its credit, the CPA Accreditation Panel conducted a review of the accreditation program after the first programs were accredited. According to Doyle et al. (1993, p. 102), "evidence suggests that the fears voiced at the inception of the CPA Accreditation Programme have not been validated, and, for the most part, accreditation has had a positive effect on the quality of training programmes." The Accreditation Panel's attention to evaluating the impact of accreditation 18 years ago is commendable and reflective of the

assiduous care and attention that have characterized our profession's ongoing efforts to ensure we are offering the very best training and education to future generations of Canadian psychologists.

References:

Doyle, A.B., Edwards, H., & Robinson, R.W. (1993). Accreditation of doctoral training programmes and internships in professional psychology. In K.S. Dobson & D.J.G. Dobson (Eds.). *Professional psychology in Canada* (pp. 77-105). Toronto, ON: Hogrefe & Huber Publishers.

Pearce, J.W. (2007). A brief history of professional psychology accreditation in Canada: The journey to the "grand day" of national accreditation and implications for the future. *CCPPP Newsletter, December*, 8-15.



Liaison Reports

Education and Training Liaison Dr. Ed Johnson Past-President

This year the Education and Training committee undertook a survey of CCPPP programs to determine the extent to which our programs are involved in exposing and training our students in "Interprofessional Education". As you may know, Interprofessional Education refers to the practice of teaching health professionals from different disciplines together in a common setting. The goal is to promote greater understanding and awareness of other professions' skills and roles, a

common set of terms and concepts, and to foster team approaches to patient and client care. The committee is examining the results of the survey.

The CPA board has announced that it will establish a "CPA Task Force on the Supply of Psychologists in Canada" in 2008-09. The task force will examine both supply and demand of psychologists. The members of the Task Force will include a representative from CCPPP. As Dr. Elizabeth Church, Chair of Education and Training, noted in her Spring 2008 Psynopsis column, this task force is important and timely owing to the variety of issues related to supply and demand of psychologists such as our aging workforce, diversity considerations, gender, and geographic considerations (rural, northern, East-West).

Student Liaison Robin Moszkowski Student Representative

As the student representative of the CCPPP and a successfully matched applicant for pre-doctoral internship for the 2008-2009 academic year, I would like to briefly describe my experiences regarding the internship application process. Given the time and energy put into this process by doctoral-level students in psychology, I write in the hopes of providing some insight to my fellow students and future applicants.

Like most other students applying for an internship position in psychology, I was very nervous about the prospects of not matching to an internship site. And even if I was to be matched, I worried about what kind of program I would be matched with and where I would end up living. No doubt about it: this is a highly stressful process.

Happily, my worries did not materialize and I was matched to an internship site where I believe I will be very well trained. More important, though, I need to convey that my story is not exceptional. Every year, after hard work and long hours assembling their applications, the vast majority of Canadian students are matched with one of their top sites.

Still, I have a feeling that a sugar-coated success story from me is not going to quell the concerns of future applicants. (It certainly wouldn't have quelled mine...!) And organizing a comprehensive application package for internship was undoubtedly extremely time-consuming and labour intensive. But there are, at least, some benefits—even if they are hard to recognize while the process is on-going.

Devoting so much of my energy into the package helped me reflect on and appreciate my graduate training experiences. This may sound like an overdose of nostalgia from a student soon to be leaving on internship, but it was actually a very productive process. For example, by constructing an essay about my primary theoretical orientation, I was forced to think about the diverse clinical perspectives to which I have been exposed that have culminated into the theoretical framework from I chose to operate. Moreover, while I always had some idea of my overarching goals in clinical psychology, drafting a cover letter helped me to clarify and elaborate on my short- and long-term goals so that I would know what to look for during my internship year. Overall, I would say that I came out of the application process much more cognizant about who I am as a doctoral student and where I want to be in my clinical career.

While constructing the application package gave me some insight into my future

direction, partaking in the interviews provided me with the opportunity to interact with others and meet with an eclectic group of experienced psychologists. I was fortunate to interview at sites across the country, allowing me to see first-hand many of Canada's diverse and strong internship programs. True to our profession, I found that within seconds, all of my interviewers were able to put me to ease, making me feel that I could and should be myself. Because of their kindness, I look fondly upon my interview experiences, feeling that they were the most enjoyable part of my application process. They taught me a lot about the human side of the matching process. At the end of the day, the interviews serve a simple and straightforward purpose: they are designed for the staff to get to know their applicants in order to find the best fit for their program. There is no "objective" best candidate for a given position... and there really are no tricks in the interviews!

So whether it was working on the actual application or going to the interviews, I was able to derive a lot of good from the process of applying for a pre-doctoral internship position. I know: it's easy for me to say now. And even today, I won't pretend that it's easy to think back on the whole ordeal as anything more than another hoop to jump through. But I still chose to write about this topic with the hope that I might ease some of the anxieties of future applicants. There is no doubt that applying for an internship position is difficult and stressful. At the same time, it is an opportunity for new learning and growth, which made me more self-aware and more prepared to enter the upcoming internship year.



**Council of Provincial Associations
of Psychologists (CPAP)
Dr. Andrew Starzomski
Member-at-Large**

This update is based the Minutes of CPAP's January 2008 meeting in Ottawa. CPAP has been working toward molding itself into two distinct bodies, one representing provincial associations (which will continue to be called CPAP) and the other representing the provincial licensing/registration boards (to be called ACPRO (Association of Canadian Psychology Regulatory Organizations). Some of the processes at the January meeting involved motions to dissolve the 'old' CPAP (Canadian *Provincial* Associations of Psychologists) to the 'new' CPAP (Canadian *Professional* Associations of Psychologists). Archives of the former CPAP are likely to be scanned and store electronically and/or on a website. Jennifer Frain will remain the Chair of CPAP, while Rick Morris from Ontario will be the initial Chair for ACPRO.

An update about national insurance and practice issues was provided based on data from McFarlan-Rowlands. Over the last five years the amount paid in claims has doubled and there will be an increase in premiums arriving soon at a mailbox near you. About 350 calls were made to the pro bono legal service last year.

CPAP will continue to work on maintaining a close relationship with CPA. The CPAP Chair will continue to sit on the CPA Board of Directors. Of particular relevance to the CPAP membership, CPA will be undertaking a survey of private practitioner needs in the near future.

Test usage is an ongoing issue of concern to both CPAP and ACPRO. There is a sub-committee of CPAP working on the nature

of these concerns. It is expected that these concerns will be more fully explored and discussed at the CPA convention and CPAP meeting in Halifax in June. Dr. Karen Cohen offered to gather information and concerns on this issue for a potential discussion with test publishers at the CPA convention.

The meeting ended with expressed acknowledgement of the importance of CPAP and ACPRO maintain open and timely communication. A joint social event is planned for the upcoming CPA convention in Halifax.



**Criminal Justice Section Update
Dr. Andrew Starzomski
Member-at-Large**

The Criminal Justice section continues to exercise constructive energy under the leadership of Jean Folsom. Mark Olver of the University of Saskatchewan is completing his first year as the Section's Director at Large for Training. Mark recently submitted a nice article on supervising in forensic-clinical contexts to "Crime Scene", the section's twice-yearly newsletter. In harmony with the upcoming CCPPP workshop on the challenges and necessities of interdisciplinary collaboration, he touches on the way this issue looks in a youth forensic context. You can find issues of Crime Scene at:

<http://www.cpa.ca/sections/criminaljustice/publications/>.

Mark has also been at work on a national survey about training trends in correctional psychology. At the upcoming CPA convention in Halifax he will be sharing the preliminary results from that survey in a symposium entitled “From Graduate Education to Clinical Training: Preparation of Professionals for Criminal Justice Settings.”

Dr. Denise Preston will present at that symposium on her experiences building a pre-doctoral internship within Correctional Services Canada’s Ontario branch. Joseph Camilleri, Leslie Helmus and yours truly will also be presenting at that symposium.



**Canadian Psychological
Association: Psychologists in
Education
Canadian Association of School
Psychologists
Dr. Don Saklofske
Member-at-Large**

The Psychologists in Education Section of the CPA has a current membership of 315 and counting, including 63 student affiliates. The section is chaired by Dr. Joe Snyder with Dr. Don Saklofske serving as Chair-elect. Yvonne Martinez continues on as the Student, and Bill McKee moves to the Secretary-Treasurer. Gina Harrison and Juanita Mureika also served on the Section executive.

The Section’s presence at the 2008 CPA conference to be held in Halifax is indeed

impressive. The section’s keynote speech, “The Psychologist as a Change Agent: Aligning Research and Practice Efforts to Build Capacity for School Systems to Improve Student Outcomes”, will be presented by Ruth A. Ervin of the University of British Columbia. The section is also sponsoring the CPA Invited Speaker address, “Bullying is a Public Health Problem: It’s Everyone’s Responsibility to Address Bullying.” This talk will be presented jointly by Wendy Craig and Debra Pepler, the 2008 recipients of the CPA Award for Distinguished Contributions to Public or Community Service.

Under the leadership of Past-Chair and continuing Board member, Juanita Mureika, a Section task force completed *Guidelines for Professional Practice for School Psychologists in Canada*. This document, a revision of an earlier paper prepared for the New Brunswick Department of Education, was approved by the CPA Board of Directors.

The *Newsletter*, a joint effort of the Section and CASP, returned featuring some of the old favourites and important topical material in a striking new design. Section members also share ideas and concerns via ongoing conversations through our e-mail listserv, as well as being informed of CPA media requests and activity/information updates in the same manner.

There continues to be a close association between the Section and the Canadian Association of School Psychologists (CASP). The CASP President is Dr. Joe Snyder. This year, CASP has scheduled its Annual General Meeting and Executive Meeting to be held in conjunction with the CPA Convention. The journal of CASP, the *Canadian Journal of School Psychology* is now published by Sage Publications and is

co-edited by Dr. Joe Snyder (Concordia University) and Dr. Don Saklofske (University of Calgary). The scope of published papers has become somewhat more international while still focusing mainly on articles reflecting school and applied psychology in Canada. The future of CASP as an independent professional organization will be discussed during the forthcoming CPA conference.

Both CASP and the Section maintain a liaison with CCPPP. This relationship has become increasingly important now that the CPA accredits doctoral programs and internships in school psychology.

Thanks to Joe Snyder who shared much of this information from his report to be presented at the Section meeting in Halifax.

**APPIC Liaison
Sandra Clark
President**

As you will likely be aware of by now, APPIC will be moving towards an on-line APPI for the February 2010 Match. Approximately 87% of the APPIC membership supported the proposal to adopt an on-line APPI. Information and instructions to the members will continue to come from APPIC in order to ensure a smooth transition. APPIC was also very responsive to the CCPPP request to ensure that use of the CCPPP Guidelines for Letters of Reference for Internship Placements will be possible with the use of an on-line APPI. In discussions with APPIC, they have been very responsive to the needs of CCPPP and will continue to seek our input to ensure ease of use of our reference letters form. The inaugural electronic publication of the APPIC Newsletter should be arriving in inboxes soon.

Dr. Ian Nicholson has also raised a very important and pertinent issue to Canadian internship programs on the APPIC Directory. The Directory makes reference to Spanish-speaking in the Population category, but not French. Given that English and French are official languages for Canada, it would seem relevant to include French-speaking in the Directory. APPIC has been very responsive to Dr. Nicholson's inquiry regarding making this change, which will be discussed by the APPIC Board.

**CCPPP Website &
Listserv
Sandra Clark**

We are continuing to update and revise our website. This has turned out to be a larger project than originally anticipated, but is necessary and will ensure a more user friendly website that will enable us to post and update information much more efficiently. In the meantime, thank you for your continued patience during this process. Please send any questions or queries regarding the website or listserve to myself at ccppp-list-admin@ccppp.ca or at sclark@cw.bc.ca.

