



Canadian Council of Professional Psychology Programs
Conseil canadien des programmes de psychologie professionnelle

CCPPP NEWSLETTER

2013 CCPPP Pre-Convention Workshop

Wednesday June 12, 2013

Quebec Hilton, Quebec, Quebec

***TRAINING PSYCHOLOGISTS FOR FUTURE PRACTICE: THE ROLE OF
ACADEMIC AND INTERNSHIP PROGRAMS IN CREATING A VISION
FOR THE FUTURE PRACTICE OF PSYCHOLOGY***

2012-2013 Executive

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| <p>Dr. Rupal Bonli President-Elect Saskatoon Health Region Rupal.Bonli@saskatoonhealthregion.ca</p> | <p>Dr. George Hurley President University Counselling Centre Memorial University ghurley@mun.ca</p> | <p>Dr. Michael Teschuk Past-President University of Manitoba/ Winnipeg Regional Health Authority MTeschuk@hsc.mb.ca</p> |
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| <p>Dr. Arlene Young Member-at-Large Simon Fraser University aryoung@sfu.ca</p> | <p><i>Are you our next President-Elect? It is time to start thinking about joining the Exec.</i></p> | <p>Ms. Natasha Whitfield Student Representative York University nwhit@yorku.ca</p> |

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President's Message

George Hurley, PhD, RPsych

November is always such an interesting time. Our internship applicants are working fast and furiously to meet application deadlines, DCTs are signing off on readiness for students to undertake this next professional step, and internship sites are collecting and reviewing files...all at the same time that we continue our teaching, training, supervision and scholarly responsibilities. This education and training enterprise is a remarkable labour of commitment and caring for the next generation of professional psychologists; one in which we should all be proud, despite the struggles and inevitable obstacles.

As your Executive, we have been busy with organizational matters as well. We have had our September teleconference and mapped out duties and projects for this year. Our new executive members have been actively taking on responsibilities and our ongoing executive members continue to provide a range of supports...often unseen by the membership.

To date, our fall tasks have focused on developing our 2013 CCPPP Preconvention Workshop, developing French translation for our webpage, reviewing our bylaws, transitioning our finances, tidying up our database with the National Matching Service in cooperation with APPIC, reaching out to new internships under development, and securing a more central place for our education and training voice by accepting a designated seat on the CPA Board of Directors.

As you may recall, last year we assembled two work groups. The first was tasked with addressing the issue of expectations for internship readiness. Two goals for this group were to determine how CCPPP can help to clarify the "true" criteria that internships are using to evaluate applicants and to determine an optimal means towards helping internships to make explicit these criteria, and to facilitate a consensus from

internships and grad programs about what constitutes "readiness" (both in terms of competencies and practicum hours, and dissertation status). Rupal Bonli and Christophe Surette, two of our Members at Large, chaired this work group and preliminary reports were offered at the AGM. Our hope is to have these results published in the near future.

The second workgroup, chaired by Mike Teschuk and myself, looked at the role that CCPPP could play in helping to increase internship sites and positions. As Dr. Teschuk noted last year in his presidential column, much of the concern about increasing practicum hour expectations appears driven by anxiety around not matching for internship. Careful analysis of the internship match data over the past several years suggests the need to understand in greater depth where our unmatched students are going: most likely informal and unaccredited internships. Our second work group has begun identifying these groups with an eye to understanding the barriers that they face to becoming both CCPPP members and eventually accredited by CPA.

APA Leadership Conference

CCPPP was again invited to attend the 2012 American Psychological Association's Education Leadership Conference in September of this year. Held in Washington, DC, this four day conference focused on "Promoting Quality." APA governance members, division representatives, and representatives from a number of organizations external to APA that are concerned with education and training in psychology all participated in the conference.

This year's conference focused on promoting quality across the psychology education and training spectrum, beginning with undergraduate psychology and teacher education, to teaching quality improvement at the graduate level of education and training, and, finally, to encompass the continuing professional development of psychologists across the professional life span. Advocacy issues were also addressed and the session ended in the usual visits to the Capitol to articulate and advocate for issues for psychology education and training. Copies of the presentations from this year's conference are available to download at:

<http://www.apa.org/ed/governance/elc/2012/index.aspx>



**2013 CCPPP
Pre-convention Workshop
June 12, 2012
Quebec City, Quebec**

***TRAINING PSYCHOLOGISTS FOR
FUTURE PRACTICE: THE ROLE OF
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**Coordinator: Dr. Rupal Bonli
President-Elect**

This workshop will be of interest to training directors of both university training programs and internship/residency sites. Most participants will likely be members of CCPPP and/or have active responsibility for training of clinical/counselling psychology students. This workshop may also be of interest to prospective interns/residents or those who are applying for their predoctoral internships.

(Presenters will be announced shortly...)

Timetable for the Day:

| | |
|-------------|---|
| 8:30 | Registration and continental breakfast (included) |
| 9:00-10:30 | Workshop |
| 10:30-11:00 | Coffee Break |
| 11-12:30 | Workshop |
| 12:30-1:30 | Lunch (included in workshop price) |

Following the workshop, doors will open to our membership and the remainder of the afternoon will commence as follows:

| | |
|-------------|---------------------------------|
| 1:30 – 3:00 | CCPPP Town Hall Discussion |
| 3:00-5:30 | CCPPP AGM |
| 5:30-6:00 | CCPPP Wine and Cheese Reception |

Total CE (direct instructional time) will be 3.0 hrs.

For 2013 CPA Convention registration, and more information on the national convention, please go to: <http://www.cpa.ca/convention/>



CALL FOR NOMINATIONS:

**CCPPP President-Elect &
Secretary/Webmaster**

1. CCPPP invites nominations, including self-nominations, for the Executive Council positions of President-Elect and Secretary/Webmaster. Additional positions on the Executive will also likely need to be filled for the upcoming year. Please consider volunteering your time and expertise. For further information or to forward a nomination, please contact Dr. George Hurley ghurley@mun.ca. Nominations will be accepted up until the AGM.
2. Nominations.
 - i. Nominations for office may be made by any Representative.
 - ii. Nominations shall be made to the President, accompanied by a statement of agreement to allow the name to stand by the candidate.
 - iii. Nominations must be received sixty days prior to the next General Meeting of Council.
 - iv. In the event of there being more than one candidate for the office of President Elect, Secretary - Treasurer, or Member at Large, the Secretary-Treasurer shall obtain election statements for each of the candidates, and shall conduct an election.
 - v. In the event of there being no nomination for a given office, nominations for that office shall be solicited at the Annual Meeting, and

an election shall be conducted by simple majority vote, if necessary.

See CCPPP Bylaws at:

<http://ccppp.ca/index.php/en/mision-bylaws>



News from APPIC

2012-13 AAPI Online Enhancements

APPIC annually works to improve the online APPI service for students as well as education and training directors. Below are the latest APPI updates:

2012-2013 AAPI Online Enhancements

Applicant Portal

Essay and Cover Letter PDF Preview: Added a "preview" button to the four essay questions as well to each individual cover letter allowing the applicant the ability to preview each entry individually in a PDF.

PDF Preview: Moved the PDF preview to a new page, added in between the submission page and the certification page allowing the applicant to preview their application before paying. Changed the "View Application (Unformatted)" on left side to "View Applicant PDF". This option will be grayed out until after e-submission.

Removed Money Order Payment Option: Hid the money order option in applicant portal. Management will still be able to activate the money order option for individual applicants on a case-by-case basis.

Improving the Naming of Supplemental Materials: Put a constraint on the supplemental

title of 30 characters MAX. We will also add help text explaining how to title a file.

Language for Waiving the Right to View Their Recommendations: Added the question "I waive my right of access to this reference." with an associated check box to reference page. This question will be required. Also added the question after the note to reference field.

PDF of the Body of the AAPI: This is a new request that will be completed post launch.

Selection Portal

Added the Program/Tracks to the Data Download: Added a new tab to the Excel Applicant Data Download which will list all applicant IDs and the tracks that they applied to.

Changed name of the "Applicant Data Download" link from the Search Results Page: Changed Excel hyperlink on the Search Results screen from "Applicant Data Download" to "Download Search Results".

DCT Portal

DCT Applicant PDF View: On the "My Students" tab, added a link to view applicant PDF's against each applicant. Display the full application PDF except for the references section. This link will not show up until the applicant has e-submitted their application.

For latest APPIC Match News announcements please see:

<http://www.appic.org/Match/News-Archives>



News from CPA...

CCPPP Joins CPA Board of Directors

In November the CPA BOD extended an invitation to CCPPP inviting them to a designated seat on the Board. After review of the invitation, the CCPPP Executive agreed and will send a CCPPP designate to

upcoming CPA BOD meetings. This designated CPA BOD seat is funded by CPA so there are no cost implications for CCPPP's budget. We believe that doctoral education and training issues are on the forefront of importance at this time and we believe that our presence at CPA will both strengthen education and training in Canada and create new opportunities for shaping the education and training environment that will prepare our future Canadian psychologists.



CCPPP Website & Listserv

Chris Surette: Webmaster

Chris reports that our new website is working well, although there are still some areas and documentation that need updating, including our French translation which he is working on. Chris continues to work on ensuring that we have updated information from programs in order to provide the most accurate information for students and others accessing our website. As a reminder, when you submit change of training director information, please be sure to include the name and e-mail address of the outgoing training director.

You can post a message directly to the list serve using ccppp-list@ccppp.ca, but you must be a TD or DCT member that is identified by the list serve members list. You can also set your e-mail to receive a digest option.

If you have a very large e-mail to send or want to include an attachment, please be sure to cc the Web Editor christophe.surette@umoncton.ca. Otherwise, your e-mail will not go through.

If you have any questions about the website and/or list serve, please do not hesitate to contact Chris at: christophe.surette@umoncton.ca



Farewells and Welcomes on the CCPPP Executive

The Executive would like to send our heartfelt thanks and best wishes to Sandra Clark, Rebecca Mills, and Ian Nicholson who rotated off the Executive this last June. Sandra, Becky, and Ian were tireless and diligent contributors during their several years on the CCPPP Executive. Sandra's web editor and list serve manager functions were to my mind wonderful and largely unseen duties. Becky's diligence in the role of Secretary-Treasurer was also truly exceptional. Ian's experience as a long-time Training Director and administrative leader in the field always brought a historical and thoughtful perspective to issues of concern. We wish them well as they continue to contribute to the betterment of our profession. Becki and Sandra will utilize their knowledge of training issues in their new roles as CPA Accreditation Committee members, and Ian continues in various leadership capacities both locally and provincially in Ontario.

We would also like to introduce to the membership three new faces to the CCPPP Executive team.

Dr. Susan Jerrott, our new Treasurer from Nova Scotia, has taken over the financial duties for the organization.

Dr. Kerri Ritchie, Training Director at The Ottawa Hospital, has joined the Executive as an at-large member.

Dr. Arlene Young, from Simon Fraser University, joins us as our second new at-large member.





News from Our Student Executive Member

Natasha Whitfield

Changes to Work Visa Eligibility for Canadian Interns at U.S. Internship Sites

In recent years, Canadian graduate students who successfully matched with U.S. internship sites have been permitted to enter and reside in the U.S. for their year-long internship by obtaining a J-1 visa. However, changes made to the J-1 visa in February 2012 led to new restrictions which would no longer enable Canadian graduate students to rely on this form of work visa in order to complete pre-doctoral psychology internships in the U.S.

Canadian graduate students who had matched with U.S. internship programs for the 2012-2013 internship year, with the guidance and assistance of APPIC, CPA and CCPPP leadership, contacted immigration consultants and U.S. Homeland Security, in an effort to determine how they might obtain appropriate visa and work documentation for their upcoming 2012-2013 internships. The TN visa, which permits Canadian citizens to be admitted to the U.S. in the Trade category under the North American Free Trade Agreement (NAFTA), was suggested as the most appropriate alternative to the J-1 visa. While the TN visa can be approved directly at a U.S. port of entry, it is not commonly approved upon an applicant's first attempt. Applying for "TN status" requires the presentation of citizenship documentation, proof of credentials, as well as a detailed letter from the internship program with the details of the offer of employment and description of professional activities, start and end dates for employment, salary, and benefits. It has been the experience of many recent Canadian graduate student TN visa applicants that, while their applications were ultimately successful, their first and second attempts to apply were met with additional requests from U.S. Homeland Security officers

for revisions to the internship program letter of employment and for presentation of additional documentation before approval. Thus, it is generally recommended that Canadian graduate students who are accepted at U.S. internship programs become well-versed in the requirements of TN visa application, work closely with their U.S. internship director in order to obtain a letter of employment that meets the requirements of U.S. Homeland Security, and plan for the potential need to apply several times before approval for TN visa status is granted. The following are several resources which provide additional information about the requirements of TN visa status application:

<http://canada.usembassy.gov/visas/doing-business-in-america/tn-visas-professionals-under-nafta.html>

www.appic.org/Portals/0/downloads/VisaComments.doc

Questions regarding TN visa applications and Canadian graduate students placed at U.S. internship sites can be directed to Natasha Whitfield at nwhit@yorku.ca.



CPA-APA Mutual Recognition Agreement

At the 73rd annual CPA convention, the First Street Accord, a mutual recognition agreement on accreditation was officially unveiled, representing formal recognition that the accreditation standards and principles of the Canadian Psychological Association (CPA) and the American Psychological Association (APA) are considered to be equivalent. The accord specifically states that CPA and APA "share an understanding of the policies, processes, standards, criteria, guidelines and principles upon which accreditation (and/or other systems of quality assurance) of doctoral program/mes and internship program/mes in professional psychology in their respective countries are based". The following websites provide additional information about the APA-CPA mutual recognition agreement, as well as access

to the First Street Accord accreditation mutual recognition agreement:

http://www.cpa.ca/docs/file/Signed_CPA-APA_Accord_2012.pdf

www.cpa.ca/education/accreditation

www.apa.org/ed/accreditation



From the desk of the Past-President

Dr. Mike Teschuk

Regionalization of internship interviews. At our last AGM, data collected by CCPPP was presented to the membership regarding our recommended staggered internship dates by region. Feedback from applicants and internship training directors was nearly uniformly positive. There is recognition amongst the membership that these suggested dates must remain non-binding due to an acknowledgement that there are unique circumstances (for programs and applicants alike) that require flexibility in when interviews are arranged. The feedback is unequivocal, however: a more structured uniform approach, at a national level, saves applicants considerable time and money. In this spirit, the following schedule was agreed upon by the membership for January 2013 internship interviews:

Weeks 1 and 2 (Jan. 2-11): Quebec and Atlantic region

Weeks 2 and 3 (Jan. 7-18): Ontario/Central region.

Weeks 3 and 4 (Jan. 14-25): Thunder Bay and Western region.

There will always be overlap in the weeks, and the spirit of the agreement is to work towards minimizing situations where students are having to travel from coast to coast all in one week, and

then repeating the same process later in the month.

CCPPP Awards for Excellence in Professional Training. At our AGM last June, CCPPP recognized the outstanding contributions of **Dr. Carol Brewis**, for her many years of leadership as Training Director and clinical supervisor at Alberta Children's Hospital. Dr. Brewis received her Ph.D. from the University of Utah in 1982 and joined the staff at Alberta Children's Hospital shortly thereafter. Over the past 29 years, she has demonstrated an exceptional level of commitment as a clinical supervisor and mentor to countless students and colleagues alike. In the nomination letters received by CCPPP from both current and past colleagues, Dr. Brewis was praised for her incredible knowledge and compassion as a clinician and teacher. She was consistently described by her peers as a warm and generous colleague and mentor, whose leadership and advocacy work for both training and the profession has touched and inspired many who have become leaders in the field themselves. CCPPP is delighted to recognize and celebrate the outstanding contribution that Dr. Brewis has made to professional training during her career. Thank you to the many colleagues and former students who wrote on her behalf and allowed us to give this Award of Excellence in Professional Internship Training to such a worthy recipient.

We are currently accepting nominations for our 2013 Awards of Excellence, in both the categories of Internship and Academic Training. CCPPP celebrates on an annual basis our CCPPP colleagues who have made outstanding contributions to the professional training of graduate students and/or interns. Please forward nominations for these awards to Mike Teschuk mteschuk@hsc.mb.ca Nominations will be accepted until the end of March, 2013. Winners will be acknowledged at our AGM in Quebec City next June.

CCTC Liaison Activities. The mission of the Chairs of Councils of Training Councils is to provide a forum for communication among the doctoral, internship, and postdoctoral training

associations in psychology. CCPPP is the only Canadian organization of 16 member organizations and 7 liaison organizations. Meetings are held twice per year. Member organizations are subsidized by the APA Education Directorate to offset costs of participating in the meetings. Working towards solutions to address the internship match imbalance has been a central focus of recent meetings. Unfortunately, the most recent meeting, scheduled for this past November in Washington, D.C., was cancelled due to Hurricane Sandy. The group is scheduled to meet next March, 2013. Details of the meeting will be shared in our spring newsletter.

Mentorship of new programs. CCPPP continues to provide mentorship to new internship and doctoral programs, helping new Training Directors navigate the early stages of establishing a program and ideally moving towards accreditation. We are very pleased to report that there has been substantive recent activity and early development of two new internship programs that could be up and running by next year's match. The CCPPP Executive has taken the lead in providing initial assistance to these programs, but we would welcome additional input from members willing to take on the role of mentor for new programs. Please contact Mike Teschuk if you would be willing to have your name put forward to serve in this kind of mentorship role for newly developing programs. Duties may involve as little as one or two telephone consultations, sharing of materials or ideas from your own program, or a more ongoing mentorship relationship as the new program develops and works towards accreditation.



CCPPP Post-Match Service Vacancy Service Monday, March 25, 2013

Mike Teschuk, Past President

CCPPP will continue to facilitate a Post-Match Service for any CCPPP members that may have unmatched students and unfilled internship positions after both the APPIC Phase I and Phase II Match are completed.

Information about the number of unmatched students, unfilled positions, contact information, and other relevant details should be forwarded to Dr. Mike Teschuk (mteschuk@hsc.mb.ca) at the conclusion of the Phase II Match (Monday, March 25, 2013). The Past President acts as an information channel to inform doctoral programs about unfilled positions so that unmatched students can inquire into those positions and follow through with an application if appropriate. Follow-up contacts are subsequently made with member programs that access the Post-Match service to determine the outcome.

Please note that the CCPPP Post-Match Service is restricted to CCPPP member programs (membership has its privileges!).

CCPPP Website: www.ccppp.ca

Notice of 2013 Annual General Meeting

The Annual General Meeting of the CCPPP will be held from 2:30 p.m. to 5:00 p.m. on June 12, 2013, at the Canadian Psychological Association Convention in Quebec City, Quebec (details to be announced).



Introducing a New Clinical Psychology Internship in Northwestern Ontario

In July of this year the Executive approved the CCPPP application of the Northwestern Ontario Psychology Internship Consortium (NORPIC).

The Northwestern Ontario Psychology Internship Consortium consists of three organizations that provide mental health services within the Thunder Bay community. The training program consists of rotations with all three organizations: Children's Centre Thunder Bay (CCTB), St. Joseph's Care Group (SJCG), and Thunder Bay Regional Health Sciences Centre (TBRHSC).

The goal of this internship is to prepare students for the practice of clinical psychology through systematic training in assessment, consultation, treatment, program evaluation/ research, and the ethical and professional standards underlying these activities. Congratulations NORPIC on your achievement and welcome to CCPPP!