



Canadian Council of Professional Psychology Programs  
Conseil canadien des programmes de psychologie professionnelle

## CCPPP NEWSLETTER

*2013 CCPPP Pre-Convention Workshop*

*Wednesday June 12, 2013*

*Quebec Hilton, Quebec, Quebec*

***TRAINING PSYCHOLOGISTS FOR FUTURE PRACTICE: THE ROLE OF  
ACADEMIC AND INTERNSHIP PROGRAMS IN CREATING A VISION  
FOR THE FUTURE PRACTICE OF PSYCHOLOGY***

### 2012-2013 Executive

<p><b>Dr. Rupal Bonli</b> <b>President-Elect</b> Saskatoon Health Region <a href="mailto:Rupal.Bonli@saskatoonhealthregion.ca">Rupal.Bonli@saskatoonhealthregion.ca</a></p>	<p><b>Dr. George Hurley</b> <b>President</b> University Counselling Centre Memorial University <a href="mailto:ghurley@mun.ca">ghurley@mun.ca</a></p>	<p><b>Dr. Michael Teschuk</b> <b>Past-President</b> University of Manitoba/ Winnipeg Regional Health Authority <a href="mailto:MTeschuk@hsc.mb.ca">MTeschuk@hsc.mb.ca</a></p>
<p><b>Dr. Susan Jerrott</b> <b>Treasurer</b> IWK Community Mental Health Bedford/Sackville Cobequid Health Centre <a href="mailto:Susan.Jerrott@iwk.nshealth.ca">Susan.Jerrott@iwk.nshealth.ca</a></p>	<p><b>Dr. Kerri Ritchie</b> <b>Member-at-Large &amp; Acting Secretary &amp; Web Master</b>  Department of Psychology The Ottawa Hospital <a href="mailto:kritchie@ottawahospital.on.ca">kritchie@ottawahospital.on.ca</a></p>	<p><b>Dr. Arlene Young</b> <b>Member-at-Large</b> Simon Fraser University <a href="mailto:aryoung@sfu.ca">aryoung@sfu.ca</a></p>
	<p><b>Natasha Whitfield</b> <b>Student Representative</b> York University <a href="mailto:nwhit@yorku.ca">nwhit@yorku.ca</a></p>	

## TABLE OF CONTENTS

PRESIDENT'S MESSAGE	3
2013 CCPPP PRE-CONVENTION WORKSHOP	3
CALL FOR NOMINATIONS:	4
CCPPP DUES UPDATE	4
NEWS FROM APPIC	5
CPA/CCPPP EVENTS FOR OUR STUDENTS	5
CPA/CCPPP BOD SEAT	6
CCPPP WEBSITE AND LISTSERV	6
STUDENT REPRESENTATIVE REPORT	6
EXECUTIVE FAREWELLS	7
FROM THE DESK OF THE PAST PRESIDENT	7
CCTC Liaison Report	
CCPPP 2013 Award of Excellence in Internship Training	
CCPPP Post-Match Vacancy Service	
2014 Internship Interview Regionalization Schedule	8
Mentorship of new programmes	8
NOTICE OF 2013 ANNUAL GENERAL MEETING	9
INTRODUCING A NEW INTERNSHIP CONSORTIUM in TORONTO AREA	9
BYLAW AMENDMENTS	9



## President's Message

**George Hurley, PhD, RPsych**

As spring is upon us we have all moved into the new cycle of education and training issues. Applicants to our CCPPP University Doctoral Programs and Internship/ Residency settings have been decided and admittances have now been confirmed. As we finish this annual task our thoughts now move toward our own continuing education and training at our upcoming CCPPP pre-convention workshop and AGM at CPA in Quebec City.

As your Executive, we have remained busy with organizational matters. To date, our Winter/Spring tasks have focused on putting on the final touches on our 2013 CCPPP Pre-convention Workshop, continuing development of French translation for our webpage, reviewing and redrafting our bylaws from 1991, transitioning our finances, tidying up our database with the National Matching Service in cooperation with APPIC, reaching out to new internships under development, and securing a more central place for our education and training voice by accepting a designated seat on the CPA Board of Directors.

As you may recall, last year we assembled two work groups. The first was tasked with addressing the issue of expectations for internship readiness. Two goals for this group were to determine how CCPPP can help to clarify the “true” criteria that internships are using to evaluate applicants and to determine an optimal means towards helping internships to make explicit these criteria, and to facilitate a consensus from internships and grad programs about what constitutes “readiness” (both in terms

of competencies and practicum hours, and dissertation status). Rupal Bonli and Christophe Surette, chaired this work group and preliminary reports were offered at the AGM. Our hope is to have these results published in the near future.

The second workgroup, chaired by Mike Teschuk and myself, looked at the role that CCPPP could play in helping to increase internship sites and positions. As Dr. Teschuk noted last year in his presidential column, much of the concern about increasing practicum hour expectations appears driven by anxiety around not matching for internship. Careful analysis of the internship match data over the past several years suggests the need to understand in greater depth where our unmatched students are going: most likely informal and unaccredited internships. Our second work group has begun identifying these groups with an eye to understanding the barriers that they face to becoming both CCPPP members and eventually accredited by CPA.



### **2013 CCPPP Pre-convention Workshop June 12, 2012 Quebec City, Quebec**

#### ***TRAINING PSYCHOLOGISTS FOR FUTURE PRACTICE: THE ROLE OF ACADEMIC AND INTERNSHIP PROGRAMS IN CREATING A VISION FOR THE FUTURE PRACTICE OF PSYCHOLOGY***

**Coordinator: Dr. Rupal Bonli  
President-Elect**

This workshop will be of interest to training directors of both university training programs and internship/residency sites. Most participants will likely be members of CCPPP and/or have active responsibility for training of

clinical/counselling psychology students. This workshop may also be of interest to prospective interns/residents or those who are applying for their predoctoral internships. Our distinguished presenters will be: Dr. Kerry Mothersill, Dr. Julie Beaulac and Dr. Bob McIlwraith

Timetable for the Day:

8:30	Registration and continental breakfast (included)
9:00-10:30	Workshop
10:30-11:00	Coffee Break
11:00-12:30	Workshop
12:30-1:30	Lunch (included in workshop price)

Following the workshop, doors will open to our membership and the remainder of the afternoon will commence as follows:

1:30 - 3:00	CCPPP Town Hall Discussion
3:00- 5:30	CCPPP AGM
5:30- 6:00	CCPPP Wine and Cheese Reception

Total CE (direct instructional time) will be 3.0 hrs.

For 2013 CPA Convention registration, and more information on the national convention, please go to: <http://www.cpa.ca/convention> and <http://www.cpa.ca/convention/preconventionworkshops> for more information on our workshop presenters.



## CALL FOR NOMINATIONS:

### CCPPP President-Elect & Secretary/Webmaster

1. CCPPP invites nominations, including self-nominations, for the Executive Council positions of President-Elect and Secretary/Webmaster. Additional positions on the Executive will also likely need to be filled for the upcoming year. Please consider volunteering your time and expertise. For further information or to forward a

nomination, please contact Dr. George Hurley [ghurley@mun.ca](mailto:ghurley@mun.ca)

#### 2. Nominations.

- i. Nominations for office may be made by any Representative.
- ii. Nominations shall be made to the President, accompanied by a statement of agreement to allow the name to stand by the candidate.
- iii. Nominations must be received sixty days prior to the next General Meeting of Council.
- iv. In the event of there being more than one candidate for the office of President Elect, Secretary - Treasurer, or Member at Large, the Secretary-Treasurer shall obtain election statements for each of the candidates, and shall conduct an election.
- v. In the event of there being no nomination for a given office, nominations for that office shall be solicited at the Annual Meeting, and an election shall be conducted by simple majority vote, if necessary.

See CCPPP Bylaws at:

<http://ccppp.ca/index.php/en/mision-bylaws>



## CCPPP Dues Update – Susan Jerrott, Treasurer, CCPPP

Just a friendly reminder that 2013 membership fees are due - reminder invoices have all been emailed. As of May 3rd, we are awaiting 1 payment for last year, and 25 payments for 2013.

We currently have one “mystery cheque”, meaning I only know the institution that the cheque comes from

– I have sent out emails to all possible training directors in this case to ask that they check with their institutions to determine who the cheque belongs to. To reduce this happening in the future, please have your finance department either attach the invoice, or put your name on the cheque (e.g., “CCPPP dues for X”). I have heard from several individuals in finance departments who indicate that they aren’t aware that we emailed a sheet which indicates the name of the DCT/Program and the address to send the cheque to (they indicate they just got emails from the DCTs asking them to send a cheque for 225 to CCPPP). For this reason, many cheques were sent to our previous treasurer who resides in a different province.

Thank you to all of you that have sent in cheques, answered my emails and helped out in any way. Your time and effort is appreciated, and I know we will put the money to good use. I’m looking forward to seeing you all at the AGM.

If anyone has any questions about their payment, please don’t hesitate to contact me at [sjerrott@bellaliant.net](mailto:sjerrott@bellaliant.net)



## News from APPIC

During its August, 2012 meeting, the APPIC Board decided to commit \$50,000 of funding to help assist APPIC Member Programs move toward accreditation. While the specifics of this endeavor are still being formulated, it will likely include providing consultation in preparing the accreditation Self-Study (either CPA or APA), financial support to offset the initial accreditation and site visit fees, etc. Information will be forthcoming in the next year and once announced, interested programs should contact APPIC Central Office.

### APPIC eMembership - Coming Soon

APPIC is planning for a new application process for new and continuing membership. Programs will upload their materials online and be able to track the progress of their submission. Programs are carefully reviewed by the New Member and Continuing Member Review Committees. The new process is expected to be piloted in the fall of 2013 with everyone using it in 2014.

### APPIC Directory On Line (DoL)

The APPIC Directory on Line (DoL) is under revision. A new DoL is expected in June. Please be sure your information is updated and dues are paid. Information will be transferred but it is likely some information (and new information) will need to be added by each program. It is expected the new DoL will be better and allow searches to be saved. The new DoL will be directly connected to APPIC member information. Unaccredited programs will be reviewed on a continuing basis. APPIC is hopeful all programs will seriously consider moving towards accreditation. Grants are available.



## CPA/CCPPP events for our students

GRADUATE Fair 2013 Québec City Convention Centre (Québec) Thursday, June 13, 2013(3:30 to 5:25 pm) Room 202.

In response to feedback received at 2011 & 2012 Graduate Fair, CPA will once again host a Graduate Student Fair to take place at the 74<sup>th</sup> annual convention in Québec. As last year, the Graduate Student Fair will be an informal meet and greet for students and graduate programs across the country. It will be exhibitor style where students can walk from table to table to talk with representatives of graduate programs.

All graduate programs are invited to reserve a table at the fair where they can display brochures and other information about their programs. We ask that participating programs have a \*representative present to “person” their tables and be available to talk to prospective students throughout the entire two hour session. There is no charge to reserve a table and snacks will be provided courtesy of CPA.

\*Representatives must be a paid convention delegate.

Contact CPA’s Convention staff if you have any questions: [convention@cpa.ca](mailto:convention@cpa.ca)

**2013 Internship Fair Québec City Convention Centre (Québec) Friday, June 14, 2013 (2:30 to 4:55 pm) Room 202**

In collaboration with the CCPPP, CPA will be hosting an Internship Fair at our 74<sup>th</sup> Annual Convention in Quebec City, Quebec.

The fair will feature a didactic session on how to apply, interview and navigate the internship process followed by an informal meet and greet.

Internship programs are invited to reserve a table at the fair where they can display brochures and other information about their programs.

During the meet and greet, we ask that you have a representative present to “person” your table and be available to talk to prospective interns. There is no charge to reserve a table and snacks will be provided for the meet and greet.

To reserve a table please submit an "Internship Fair Participation Form" - \*\* [Download here](#).\*\*

\*Representative must be a paid convention delegate.

Contact CPA’s Convention staff if you have any questions: [convention@cpa.ca](mailto:convention@cpa.ca)



## CCPPP Will Join CPA Board of Directors

In November the CPA BOD extended an invitation to CCPPP inviting them to a designated seat on the Board. After review of the invitation, the CCPPP Executive agreed and will send a CCPPP nominee to be elected by CPA members once the new CPA Bylaws are passed and elections are formalized. This designated CPA BOD seat is funded by CPA so there are no cost implications for CCPPP’s budget. We believe that doctoral education and training issues are on the forefront of importance at this time and we believe that our presence at CPA will both strengthen education and training in Canada and create new opportunities for shaping the education and training environment that will prepare our future Canadian psychologists.



## CCPPP Website & Listserv

### Kerri Ritchie: Webmaster

Our now retired Secretary and Webmaster Christophe Surette reported at the Midwinter meeting that our new website is working well, although there are still some areas and documentation that need updating, including our French translation. As Christophe wished to transition out of the Secretary/Webmaster position due to retirement from the Université de Moncton and will not be attending the CCPPP AGM, Dr. Kerri Ritchie agreed to undertake these duties. You can post a message directly to the list serve using [ccppp-list@ccppp.ca](mailto:ccppp-list@ccppp.ca), but you must be a TD or DCT member that is identified by the list serve members list. You can also set your e-mail to receive a digest option.

If you have a very large e-mail to send or want to include an attachment, please be sure to cc the Web Editor; otherwise, your e-mail will not go through.

If you have any questions about the website and/or list serve, please do not hesitate to contact Kerri at [kritchie@Ottawahospital.on.ca](mailto:kritchie@Ottawahospital.on.ca)

**(As a reminder, when you submit change of training director information, please be sure to include the name and e-mail address of the outgoing training director.)**



## Student Liaison Report

### Natasha Whitfield: CCPPP Student

#### Representative

#### CCPPP – CPA Student Section Collaboration

In an effort to foster two-way dialogue and greater communication with Canadian students whose training interests are represented by the CCPPP, a collaborative relationship between the CCPPP and the CPA student section executive was recently formed. It



is expected that this collaboration will create a more direct link between the CCPPP and the Canadian student trainees whose interests it represents. As part of this collaboration, the CPA student section has agreed to include CCPPP information and news items in their email news blasts to CPA student members, as well as to pass along relevant surveys to their members. This will not only promote awareness of the work of the CCPPP to CPA student members, but also provide them with relevant and up-to-date information about graduate training and internships in Canada. Equally important, Canadian students will be invited to provide feedback to the council about their interests and questions on these topics.

#### **Update on APA-CPA mutual recognition agreement**

Since the First Street Accord APA-CPA mutual recognition agreement on accreditation was officially unveiled at the 73<sup>rd</sup> annual CPA convention in June 2012, it has been expected that graduate programs, internship programs, and employers would recognize the equivalence of APA's and CPA's accreditation guidelines, standards and principles. While there have not been any official updates on the reception of the First Street Accord, it has been praised as reducing barriers to global mobility in the profession. Online forums have raised questions about whether federal employers and state licensing bodies have, or will soon, come to recognize this agreement, as many of these employers and licensing bodies continue to indicate a preference for APA accreditation. Feedback also reflected concerns that some employers show bias in their preference for APA accreditation. This bias is seemingly evident in the profiles of many internship programs listed within the APPIC online directory, with many programs indicating under applicant requirements that applicants from APA-accredited programs are 'preferred', and applicants from CPA-accredited programs are 'acceptable', or are not considered, indicated as 'none'. As internship programs update their APPIC directory profiles with every internship application year, it is hoped that future updates will reflect greater acceptance and recognition of the APA-CPA mutual recognition agreement, with equal consideration of applicants from APA-accredited and CPA-accredited programs. It is also hoped and expected that, with time, the influence of the First Street Accord will lead to more widespread acceptance of APA-CPA standards and accreditation equivalency in the profession.

#### **CCPPP Internship Fair and Pre-Convention Workshop at CPA Convention**

The CCPPP will be hosting a CPA Pre-Convention Workshop, *Training Psychologists for Future Practice: the Role of Academic and Internship Programs in Creating a Vision for the Future Practice of Psychology*, on Wednesday, June 12, 2013, 9:00am - 12:30pm, at the Quebec City Convention Centre (room TBA). CPA/OPQ student members are able to attend at a discounted rate of \$50 for this workshop. More information about the workshop can be found at <http://www.cpa.ca/convention/preconventionworkshops/>.

In collaboration with CPA, the CCPPP will also host the annual Internship Fair at the 74<sup>th</sup> Annual Convention in Quebec City, Quebec, June 14<sup>th</sup>, 2013, 2:30pm - 4:55pm, in room 202 at the Quebec City Convention Centre. A didactic session on readiness for internship, navigating the internship application and interviewing process will be featured, and common myths and questions about this process will be addressed. The session is followed by an informal meet and greet between graduate students and representatives from internship programs. Internship programs can arrange to reserve tables at the fair, and have program representatives speak with prospective interns during the meet and greet period of the fair.



### **Farewell**

The Executive would like to send our heartfelt thanks and best wishes to Christophe Surette, our now retired Secretary and Webmaster. Christophe has elected to enjoy retirement with his partner and up their adventure travel plans as he has retired from his faculty position at the Université de Moncton. We thank Christophe for his decades long leadership and commitment to professional psychology. He will be sorely missed!



## From the desk of the Past-President

**Dr. Mike Teschuk**

### **CCTC Liaison Report.**

CCPPP maintains a seat at the table of the Chairs of Councils of Training Councils (CCTC), with financial support from APA to attend meetings, typically twice per year, in Washington, D.C. CCTC provides a forum for communication among doctoral, internship, and postdoctoral training associations regarding issues of shared relevance in the training of professional psychologists. Meetings typically involve updates on important initiatives and policy from the APA Education Directorate and the APA Commission on Accreditation. Considerable attention is always also spent at these meetings on attempting to move forward action steps to address the internship imbalance. Discussion continues on various proposals to link APPIC Match participation with accreditation status and/or match rates. For example, arguments have been advanced that only accredited (by CPA or APA) doctoral programs should be eligible to participate in the APPIC Match. In addition, mechanisms for encouraging doctoral programs with low Match rates to either: a) take responsibility for developing new internship sites/positions or b) reduce enrollment, have also been proposed by various individuals and councils.

CCTC often initiates workgroups to tackle specific projects or issues. Dr. Bonli, who will be assuming the position of CCPPP President in June and will take over as our representative to CCTC, has joined a work group tasked with updating the Psychology Internship Development Toolkit (<http://www.psychtrainingcouncils.org/documents.html>). This document contains many helpful tips to assist in the development of new internship sites, and it is important to contribute a Canadian perspective to the workgroup. I will also continue on the "AAPI Hours-to-Competencies Workgroup". This workgroup has turned its focus to reviewing the CCPPP-initiated standardized reference letter (currently being used nearly universally by Canadian internship applicants). Consideration is being given as to whether this more standardized reference letter format should be advanced by American training councils as at least one small step towards emphasizing competency-based (over hours) evaluation in the internship selection process.

### **CCPPP Award for Excellence in Professional Training to Dr. Ian Nicholson.**

The CCPPP Executive is pleased to announce this year's recipient of the Award for Excellence in Professional Internship Training. Dr. Ian Nicholson's career has been distinguished by his leadership in the training community, locally, provincially, nationally, and internationally. Dr. Nicholson was the Training Director for seventeen years at what is now the London Clinical Psychology Residency Consortium. We will celebrate Dr. Nicholson's contributions to professional psychology training at our AGM in Quebec City this coming June. Thank you to the many current and former colleagues and students of Dr. Nicholson who contributed to this outstanding nomination.

### **CCPPP Post-Match Vacancy Service.**

The post-match vacancy service was very quiet this year. I suspect APPIC's new Phase II format has helped immensely in the placement of unmatched students into unfilled internship spots, perhaps making this post-match vacancy service unnecessary for future years. Consideration of whether CCPPP should continue this service will be discussed at our AGM. This year, I was contacted by one DCT who had two unmatched students, and one TD with an open internship position, after Phase II of the APPIC Match. The students were looking for an accredited spot (which the internship with the opening was not), so it is unlikely that a match was facilitated in this case.



### **Regionalization of internship interviews**

The CCPPP Executive is proposing the following schedule for internship interviews in the coming year (2014):

West (B.C. AB, SK, MB, and Thunder Bay)  
January 6-17

Central (Ontario)  
January 13-24

East (Quebec & Atlantic provinces)  
January 20-31



As in the past, these are recommended guidelines, recognizing that special circumstances may come into play for any individual applicant or internship site. The feedback from students over the past couple years has been overwhelmingly positive insofar as this type of regionalized organization very often helps to reduce travel costs and time spent in the interview process considerably.

**Mentorship of new programs.** CCPPP continues to provide mentorship to new internship and doctoral programs, helping new Training Directors navigate the early stages of establishing a program and ideally moving towards accreditation. We are very pleased to report that there has been substantive recent activity and early development of two new internship programs that could be up and running by next year's match. The CCPPP Executive has taken the lead in providing initial assistance to these programs, but we would welcome additional input from members willing to take on the role of mentor for new programs. Please contact Mike Teschuk if you would be willing to have your name put forward to serve in this kind of mentorship role for newly developing programs. Duties may involve as little as one or two telephone consultations, sharing of materials or ideas from your own program, or a more ongoing mentorship relationship as the new program develops and works towards accreditation.



## **Introducing a New Clinical Psychology Internship**

In March, 2013 the Executive approved CCPPP membership to the **Toronto Area Internship Consortium in Clinical, School, and Counselling Psychology**, under the leadership of Dr. Debby Zweig, CPsych. Congratulations on this collective achievement, and welcome to CCPPP!



## **BYLAW AMENDMENTS**

Please note that the proposed Bylaw Amendments package emailed to the membership in April will be voted upon at the June 12<sup>th</sup>, 2013 AGM in Quebec City. Copies will be available at the AGM.



CCPPP Website: [www.ccppp.ca](http://www.ccppp.ca)

### **Notice of 2013 Annual General Meeting**

The Annual General Meeting of the CCPPP will be held from 2:30 p.m. to 5:00 p.m. on June 12, 2013, at the Canadian Psychological Association Convention in Quebec City, Quebec (details to be announced).