



Canadian Council of Professional Psychology Programs
Conseil canadien des programmes de psychologie professionnelle

CCPPP NEWSLETTER

2010 CCPPP Pre-Convention Workshop

Wednesday June 2, 2010

**COMPETENT TO SUPERVISE? HOW WE CAN PREPARE
STUDENTS FOR SUPERVISION**

PRESENTER: DR. ELIZABETH CHURCH

2009-2010 Executive

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President's Message

Dr. Josephine Tan

My term as the President is coming to a close. I feel very privileged to have served with a great Executive Council who has volunteered a lot of their time and resources towards the CCPPP. I am delighted to welcome Dr. Ian Nicholson to the role of the 2010-2011 President. With his extensive knowledge and experience, and with the assistance and work of a competent and experienced Executive Council, this organization will be in extremely good hands.

We have two Executive members who will be leaving us. They are Dr. Nicola Wright who is the current Past President and Dr. Don Saklofske who is our current Member-at-Large. Both have made substantial contributions to our organization and we owe them a great deal of thanks. We will miss them on the Executive.

Dr. Wright served for 3 years (2007-2010), each year sequentially as the President-Elect, the President, and finally as the Past President. In addition to the duties associated with each role, which can be very considerable, she also was our liaison to CCTC and attended their meetings twice a year. She also co-organized the 2010 Joint Training Council conference in Orlando and helped with the development of the joint conference webpage. She has represented us at the CPA board meetings.

Dr. Saklofske served as the Member-at-Large from 2007-2010. In addition to assisting us in addressing every day issues, he also participated with the Executive in the CCPPP pre-conference workshop, and representing our views and interests on the CPA Prescription Task Force. He also has represented us at the CPA board meetings.

The 2010 Joint Training Council Conference in Orlando occupied a significant portion of the Executive Council attention. Several years ago,

the CCPPP had agreed to co-organize this once-in-a-decade meeting. Since then, different slates of the Executive have worked diligently towards this goal which culminated in a wonderful conference this February. There was a lot of invisible and detailed work that had to be done. Decisions had to be made sometimes quite quickly, documents had to be signed, separate logistical and financial arrangements had to be made with the other training councils and within the CCPPP itself. Often, details could be worked out only towards the end which meant that sometimes we had to work in the absence of information. However, with the incredible *volunteer* work of the conference organizing committee, everything fell into place.

After the conference, some follow-up matters had to be finished. They included figuring out whether any training council still had any outstanding payment to be made. I am glad to say that the opposite was true for us, and we are expecting a very small sum back.

We also worked out a sponsorship of the pre-convention workshop by the Taylor Study Method (TSM), a comprehensive online EPPP preparation program. I first met them at the Joint Council Meeting in Orlando where they generated a lot of interest from the conference delegates. Institutions in the US and some in Canada have made arrangements to review their program to assess if it would be helpful to their students and employees with preparing for the EPPP. I figured that Canadian programs should also have equal opportunity to learn about the TSM and make up their minds about its value to their students. You will be able to view their exhibits and speak to their staff outside the pre-convention workshop room on June 2.

An important issue that came up this year, and which I think will continue to face us, is the funding of internship training programs. We had a situation where funding for the Psychology Residency Program in Saskatoon was at risk of being cut. The psychologists in the area launched an impressive lobbying initiative and brought the matter to as many people as possible. The CCPPP wrote a very strong letter to the Regional Health Authority Saskatoon Health Region and to its Senior Executive in support of the Psychology Residency Program. As a result of a coordinated effort among psychologists, funding for the program was

preserved. This is evidence that if we all work together, good things can happen.

In conclusion, I would like to thank the Executive Council for their hard work, express best wishes and sincere appreciation to Drs. Wright and Saklofske for their contribution to the CCPPP, and wish Dr. Nicholson all the best as he takes over the President role for this year. I look forward to seeing many of you at the pre-convention workshop and at the AGM.



**2010 CCPPP
Pre-convention Workshop
June 2, 2010
Winnipeg, Manitoba**

Dr. Ian Nicholson, President-Elect

***COMPETENT TO SUPERVISE? HOW
WE CAN PREPARE STUDENTS FOR
SUPERVISION***

Presenter:

**Dr. Elizabeth Church
Mount Saint Vincent University**

The Canadian Council of Professional Psychology Programs (CCPPP) is pleased to announce this pre-convention workshop at this year's CPA Annual Convention in Winnipeg on the important topic of competence in supervision. This workshop is sponsored jointly by the CCPPP and the Taylor Study Method, an online EPPP preparation program.

Supervision is one of psychologists' most frequent activities and has increasingly been recognized as an essential competence for professional psychologists. Yet, most Canadian psychologists have received little or no formal instruction and training in how to supervise, and many Canadian psychology programs and internships are grappling with how to incorporate training in supervision. In this workshop, participants will learn about the knowledge base, skills, and attitudes that are required for

competence in supervision and will be presented with models for developing and evaluating competence in supervision. Participants will have the opportunity to identify current barriers to training in supervision, as well as some strategies for integrating this training into already demanding programs and internships. The workshop will also engage participants in a discussion about how to articulate a framework for training in supervision that might help move our profession towards Canadian standards for competence in supervision.

Our speaker and facilitator for the day will be Dr. Elizabeth Church, Professor and Program Head of School Psychology at Mount Saint Vincent University in Halifax. Until 2003, she was Training Director of a CPA-accredited pre-doctoral internship at Memorial University of Newfoundland, where she also taught in the Faculty of Medicine and Women's Studies. Dr. Church has extensive experience in supervision, having supervised candidates for registration and masters and doctoral students from clinical, counseling, and school psychology programs across Canada and the United States for over 20 years. She has presented many workshops on different aspects of supervision. She currently co-chairs the CPA Task Force on Supply and Demand of Psychology and was the CPA Chair of the Education and Training Committee while she served on the CPA Board of Directors 2005-2008.

The workshop is open to anyone who is interested in professional training, such as training directors, supervisors, students, faculty, administrators, and legislators. **The CCPPP highly values the participation of students and would like to especially encourage them to attend.** The workshop represents a professional development opportunity and participants will be awarded CPA Continuing Education credits. The workshop will run from 9:00-2:30 and will include lunch and health breaks in the registration costs. The CCPPP annual general meeting will follow from 3:00-5:00 and is open to everyone. Registration is required only for the workshop



2010 Midwinter Executive Council Meeting

Dr. Josephine Tan, President

The Executive met on February 11, 2010 in Orlando that had been set aside specifically for individual council programming within the 2010 Joint Training Council Conference.

Several issues discussed included the re-designed CCPPP website and its links, clarification of membership criteria and the benefits that CCPPP could provide to fledgling programs, organization of the pre-conference workshop and CCPPP activities at the upcoming CPA conference, preparation for the May 2010 Newsletter, and initiatives for the membership to consider with respect to short-term and long-term planning.

More information will be provided at the upcoming AGM.



Report on the 2010 Joint Training Council Conference

Dr. Josephine Tan, President
Dr. Sandra Clark, Member-at-Large

The 2010 Joint Training Council Conference opened on February 10 with APA CoA site visitor training workshops and self-study training workshops. A welcome reception was held that evening. Due to a vast snowstorm system that closed down airports in the central and eastern US, many people did not make it in either for the reception or for the entire conference. All 15 CCPPP members who registered made it.

The CCPPP made 2 presentations at the conference. One was a joint interactive talk with Ed Gaughan from Alfred University in New York, Nicola Wright, and Josephine Tan entitled *Preparing Students for Rural Practice: Opportunities, Challenges, and Future Directions*. There were about 18 people in the audience who worked in rural areas in various parts of the United States, and one person came

from Norway. Everyone spoke up in the discussion period, and it was very clear that rural clinical psychology is very heterogeneous, even more so than urban settings. The location and the needs of the population served generally created the diversity. We received very positive comments from the attendees who expressed appreciation for the opportunity to discuss this issue and found it to be highly valuable.

The other presentation was held by Dr. Sandra Clark and Dr. Nicola Wright, entitled *Canadian Professional Psychology Training Issues: Constructive Solutions Generated from the Canadian Council of Professional Psychology Programs Pre-Convention Workshop*, that was held as part of the APPIC programming. Drs. Clark and Wright received positive comments and a lot of questions about the work being done in CCPPP from our last pre-convention workshop. Of particular interest were our efforts to be more student-focused.

Dr. Karen Cohen and Dr. Peter Henderson from CPA also gave a talk entitled *Accreditation Standards in Canada: Where We Are and Where We Are Going* (see <http://www.cpa.ca/cpsite/userfiles/Documents/ Accreditation/CCTCaccreditationwithPeters.pdf>). Dr. Cohen also presented with Dr. Laura Palmer *Training Psychologists for Advocacy* (see http://www.cpa.ca/cpsite/userfiles/Documents/science_and_research/CCTCadvocacy.pdf).

The CCPPP Executive members attended several conference sessions. We split up our attendance to make sure we covered as much ground as possible. Overall, the Executive found the presentations to be stimulating and thought-provoking, although several of the talks were more relevant to the US side. The keynote address on health care and the role for psychologists, as well as the discussions about competencies, reaffirmed that we are on track in Canada and with CCPPP in our work in this area. There was also a plenary session on leadership which is food for thought for us on the issue of advancing psychology. Some presentations with breakout sessions focused on moving away from number of training hours and more towards competencies on the AAPI, and generated a lot of good suggestions that APPIC will take forward to review. There were also talks on the facilitation of lifelong learning and the promotion of professional development.

A lot of the talks at the joint conference are now available online at the APPIC website at: http://www.appic.org/Conference2010/2010%20Conf%20presentations_4-30-10.html.

The success of the conference is due to the hard work of many volunteers from the different training councils. Particular accolades go to Dr. Sharon Berry from APPIC, Dr. Sheila Woody from the University of British Columbia, and Dr. Kevin Larkin from West Virginia University, all of whom served as subcommittee chairs and were instrumental in organizing different facets of the conference. Thanks are also extended to the many other volunteers, to Dr. Nicola Wright, to the present and previous CCPPP Executive Council who worked hard to collectively bring this conference to its successful conclusion.



Report to the Canadian Psychological Association Board of Directors meeting, Calgary, March 2010

Dr. Don Saklofske, Member-At-Large

The Canadian Psychological Association Board of Directors Meeting was held in Calgary on March 6-7. As is customary, CCPPP has a non-voting representative attending these meetings. The Board business, discussions and motions will be presented at a later time from CPA.

CCPPP presented a report to the Board providing an information update and outlining its recent and forthcoming activities that included the following:

- membership of CCPPP is currently at 75; 34 academic programs, 41 internships.
- 2010 CCTC (Conference of Training Councils in Psychology) was held in Orlando was attended by the CCPPP executive; we played a role in organizing and "hosting" this event that was also attended by other Canadian trainers of

psychologists. At this time CCPPP held its mid-winter executive meeting to be reported on elsewhere.

- the 2010 CCPPP preconference workshop with Elizabeth Church on clinical supervision will be presented at the CPA conference. The 2009 CPA preconference workshop focusing on "Professional Training Issues" was presented by CCPPP executive members and was well attended and received.
- CCPPP has joined with CPA to host the "Internship Fair" to at the 2010 CPA convention - we are pleased to be working with CPA in an event that is of obvious relevance and benefit to internship programs and students who will be applying for internships.
- APPIC match rates for Canadian applicants this year was a somewhat disappointing 75%. This supply/demand inequality is of great concern to us given that the internship is a program requirement for doctoral programs. It poses a problem for students' timely progress through the academic program and has implications for accreditation of university program. Other points of discussion included the online portal problems and reported student anxiety that is being addressed. There was discussion of various options that could reduce the cost, travel, etc.
- CCPPP continues to play an advocacy/support role regarding internship and university training issues and in working collaboratively on issues such as the CPA task force on prescription authority. It is clear that a closer link will be forthcoming with the CPA Practice Directorate.
- CCPPP plans to publish its next Newsletter in May. The CPA executive was invited to submit any information that is relevant to our members.



Student Liaison Report Applying for Internship: How the CCPPP can help

Ms. Theresa Dever Fitzgerald Student Representative

The very words “applying for internship” likely send shivers down the spines of graduate students across the country. Having just emerged from the process, relatively unscathed, I thought it important to discuss some of the services the CCPPP is able to provide to Canadian graduate students seeking a predoctoral internship.

The process of applying to internship/residency is a stressful one. Panic regarding dissertation progress, the number and quality of face-to-face service hours and the new online APPIC application leave applicants with numerous unanswered questions. My best advice to applicants: start to prepare early to leave yourself lots of time to figure out answers and take some moments to breathe deeply. The CCPPP offers a unique opportunity to address many of these questions and fears through its presentation on applying for internship/residency to be held on June 5th from 2-4pm during the 2010 CPA Convention in Winnipeg. Although many students are not yet thinking about applications in June, I encourage you to come and receive tips, helpful suggestions, and advice on the application process. Moreover, this presentation gives students the opportunity to hear first-hand from Directors of Clinical Training (DCT) from internship sites as well as a student who has just completed the application process. This year, immediately following the workshop, CPA will offer an “Internship Fair”. During this time, DCTs or representatives from a variety of residency programs will be set up to speak with students about their site and opportunities for pre-doctoral training.

In the previous edition of the newsletter, I indicated the one of my goals for my term as Student Representative to the CCPPP is to increase student awareness regarding the role of CCPPP. Any student applying for their predoctoral residency has lingering fears about the possibility of not matching to a site and having to go through the clearinghouse. While a daunting prospect, many applicants have

attained high-calibre residencies through this process (and many internship sites have attained high-calibre applicants). CCPPP offers a post-match service to assist with placing Canadian applicants in training sites suited to their goals. This service allows DCTs to contact a member of the CCPPP Executive to learn of positions still available in Canada. This unique service is immensely helpful and comforting to students in the clearinghouse who feel lost in a pool of applicants, particularly as Canadian applicants continue to be outnumbered by those applying in the United States. I hope that by highlighting this service, students applying to residency will take solace in the fact that, as a training organization, the CCPPP is well positioned to assist students going through the clearinghouse. The CCPPP website also provides a number of resources for students applying to residency, including the CCPPP Letter of Reference template, Guiding Principles for the Preparation of and Selection of Applicants for Internship, and common questions that may be asked during the interview process.

As stated previously, one of the best pieces of advice I can give to students commencing the application process is for them to prepare early. I encourage students to take advantage of the CPA presentation at the convention in Winnipeg in 2010. In addition, students who have questions, comments, or issues that they would like brought to the attention of the CCPPP Executive should feel free to contact me directly at theresa.dever@uregina.ca.



Association of Predoctoral and Internship Centers (APPIC) Liaison

Dr. Ian R. Nicholson President-Elect

Following the computer Match completed in February 2010, the Association of Psychology Postdoctoral and Internship Centers (APPIC) remains extremely concerned about the supply and demand imbalance. They continue to partner with the Council of Chairs of Training

Councils (CCTC) to address these issues in a broad-based approach. Interested individuals may wish to read a "Statement of the APA Board of Directors on the Internship Imbalance Problem" that can be found on the APPIC website at:

<http://www.appic.org/downloads/APA%20Imbalance%20Statement.pdf>

APPIC conducts an annual survey of internship applicants, internship/postdoctoral training directors, and directors of graduate training programs, including all those who registered for the Match. At the time of the writing of this report, these results are not yet complete for 2010. They will be shared by APPIC when complete and can be found (along with several other years of surveys and Match Statistics) at:

http://www.appic.org/match/5_2_2_match_about_statistics.html

Many of the presentations that were part of APPIC's programming at the 2010 Joint Conference (Orlando) is now available online at:

http://www.appic.org/Conference2010/2010%20Conf%20presentations_4-30-10.html

APPIC is very proud to have launched the centralized application service in 2009, with the expectation that all internships accept only on-line application materials for the 2010 Match. They are now working closely with our vendor, Liaison International, to refine the application for the 2011 Match based on feedback from students, and internship/graduate training directors. Dr. Karen Taylor served as the AAPI Online Coordinator for the launch, with extensive support from an able team including Dr. Greg Keilin. Dr. Jason Williams will soon take over this role as Dr. Taylor continues with the committee.

APPIC is now planning to implement, in 2011, a "Match 2" process for the Clearinghouse process for which they are now requesting feedback. In addition, the APPIC Board will develop ongoing educational materials that we will distribute throughout the year to prepare everyone for the changes anticipated in 2011.

APPIC was a member of a CCTC task force that developed the Psychology Internship Development Toolkit. This material is intended to provide resources with which to gain institutional and financial support for creating and expanding internship programs. It is currently available on their website at:

<http://www.psychtrainingcouncils.org/Documents/InternshipToolkitCCTC.pdf>

APPIC anticipates a major overhaul of their website during the next few months and are pleased that to have also established a mechanism for online dues payments, launched in March 2010.



CALL FOR NOMINATIONS:

CCPPP President-Elect and Member-At-Large

CCPPP invites nominations, including self-nominations, of members for two vacant Executive Council positions: President-Elect and Member-At-Large. Please forward nominations to itan@lakeheadu.ca. Nominations will be accepted up till the AGM.



Notice of 2010 Annual General Meeting

The Annual General Meeting of the CCPPP will be held from 3:00 p.m. to 5:00 p.m. on June 2, 2010, at the Canadian Psychological Association Convention in Winnipeg, Manitoba.

This meeting follows the CCPPP Preconvention Workshop entitled, *Competent to Supervise? How We Can Prepare Students for Supervision*.

Please submit agenda items to:
itan@lakeheadu.ca.



Items of Interest

Dr. Josephine Tan, President

The final copy of the CPA conference schedule is now available at <http://www.cpa.ca/convention/2010schedule/>.

CPA Section 24 Counselling Psychology and the CPA Board of Directors have endorsed a definition of Counselling Psychology. For more information, please download the report "Counselling Psychology in a Canadian Context: Report from the Executive Committee for a Canadian Understanding of Counselling Psychology" from <http://www.cpa.ca/sections/counselling/>.

The Council of Chairs of Training Councils (CCTC) has a number of documents on competencies that might be of interest to the CCPPP membership. As well, the Psychology Internship Development Toolkit is a useful read for anyone who wishes to gain some information

on how to create or expand internship programs (see <http://www.psychtrainingcouncils.org/documents.html>).

The APA Division 53 Society for Child and Adolescent Psychology and the Association for Behavioral and Cognitive Therapies have jointly produced a website (www.effectivechildtherapy.com) on evidence-based practice for children and adolescents. Target audience are the public and mental health professionals.

The Council of University Directors of Clinical Psychology (CUDCP) has produced a general information page for students who are preparing to apply to graduate clinical programs – please go to <http://www.chp.php.ufl.edu/cudcp/> and click on [CUDCP 2010 Graduate School Fact](#).





CPA Convention 2010

At CPA's 2010 convention in Winnipeg, three new sessions are planned that will be of special interest to students, training directors, and internship programme faculty.

The first, an **internship fair** delivered in collaboration with members of the CCPPP, will be a two hour session in which, during the first hour, a roster of speakers will talk about the application process, what training directors are looking for in an application and interview, and how to make the most out of the internship year. During the second hour, Canadian internship programme faculty will be available for informal discussion with students about their respective internship programmes. CPA is hoping that internship programmes will take advantage of this opportunity to liaise with students about their programmes and that students will benefit from this opportunity. Training directors wanting to participate are invited to contact the convention office at convention@cpa.ca to reserve a table (at no charge). Tables will be assigned on a first come first served basis.

The second session planned is a symposium **hosted by the Federal Healthcare Partnership**. This is an initiative of the federal government aimed at increasing its health human resource across seven federal departments <http://www.fhp-pfss.gc.ca/fhp-pfss/home-accueil.asp?lang=eng>. Psychologists, along with nurses and physicians, are professionals that the government is specifically targeting for recruitment. The symposium is intended to let students know about the opportunities for employment with the federal government and to describe training opportunities (both research and practice) for graduate psychology students and will be delivered by psychologists who will talk about their work across several federal government departments. The session will take place on Wednesday June 2, 2010 at 5:00pm and will be followed by a reception.

The third is an expansion of the convention **career postings**...each year at the convention, we receive and post advertisements for career and job opportunities. This year, all postings we receive by May 1, 2010 will be included on the convention USB in addition to being posted in hard copy at the convention. Further, we will have a room reserved at the convention for employers and prospective applicants to meet. To book the room, employers should contact the convention office through Catherine McNeely at convention@cpa.ca.

Watch the CPA convention website for further details about these sessions or contact the convention office at convention@cpa.ca.